

The Edible Garden Recipe featured at the *Garden-to-Table* demonstrations, September 4 & 5

Ratatouille

By: Gui Alinat, chef, blogger, and author of The Chef's Repertoire

Ingredients

2 tablespoons olive oil
4 cloves of garlic, minced
½ cup onions, large dice
½ cup eggplant, peeled, cut into 1-inch cubes
½ cup red pepper, large dice
4 roma tomatoes, peeled, seeded and diced
½ cup zucchini, large dice
salt and pepper
2 tablespoons chopped basil
6 kalamata olives, chopped

Instructions

- 1. Sauté the garlic and onion in the olive oil until translucent.
- 2. Add the eggplant and let it sweat until it is almost tender.
- 3. Season with salt and pepper and add the tomatoes and the red pepper. At this point the dish will need some liquid to stew correctly. Add about 1/4 cup of water or more and let the dish stew until the vegetables are tender.
- 4. Add the zucchini at this point and cook slowly until the squash is tender yet still has good color. Again you might have to add a little liquid.
- 5. Finish the dish with the chopped basil and the olives. Check the seasoning and serve. The final product should have good color and just a few tablespoons of jus in the pan.