

The Edible Garden

Recipe featured at the Garden-to-Table Demonstration featuring Fennel, September 19

Fennel Pesto*

By: Casey Barber and Danielle Oteri, bloggers, Good.Food.Stories.

Ingredients

Leftover fennel fronds from 2 fennel bulbs 4 garlic cloves, minced 1/4 cup pine nuts or sliced or slivered almonds 1 teaspoon kosher salt 1/2 teaspoon freshly ground black pepper 1/2 cup extra-virgin olive oil 1/4 cup grated Parmesan cheese

Instructions

- 1. Coarsely chop enough fennel fronds to measure 2 cups and compost the rest.
- 2. Combine the fronds, garlic, nuts, salt, and pepper to in the bowl of a food processor and pulse until finely chopped.
- 3. Add the cheese, then drizzle the olive oil through the tube of the food processor while the machine is running until the mixture becomes smooth and paste-like.
- 4. Season with additional salt and pepper to taste.

Note: pesto freezes well in Tupperware containers!

*Recipe adapted from Mellisaclark.net