

The Edible Garden

Recipe featured at Whole Foods Friday demonstration, August 6

Zucchini Pesto-Stuffed Salmon with Tomato Salsa

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Serves 2

Ingredients

2 (6-8 ounce) salmon filets
Approximately 1 cup zucchini pesto
Salt & freshly ground black pepper
½ cup grape tomatoes, quartered lengthwise
1 tablespoon chopped fresh basil
1 teaspoon extra-virgin olive oil
Salt and freshly ground black pepper to taste
2 lemon wedges

Instructions

- 1. Heat oven to 350F.
- 2. Carefully cut a deep horizontal pocket into the side of both salmon filets. Do not cut all the way to the other side.
- 3. Lightly sprinkle the inside and outside of the salmon filets with salt and pepper. Fill the pockets completely with the zucchini pesto.
- 4. Place on an oiled baking pan and roast 12-15 minutes, or until the fish is cooked through.
- 5. Meanwhile, in bowl, combine tomatoes, basil, olive oil, salt and pepper.
- 6. Place cooked salmon on plate; top with salsa.
- 7. Garnish with lemon wedges.
- 8. Serve with a light salad or sautéed dark leafy greens, like spinach or broccoli rabe.