



The Edible Garden

Recipe featured at Garden-to-Table Weekend featuring peaches, August 14

Peach Agua Fresca

By: Trish Sebben-Krupka, Corporate Chef, Viking Culinary Center

Makes 2 quarts

Ingredients

3 cups ripe peaches, peeled and pitted
2 cups cold drinking water, plus more for pitcher
2 tablespoons agave nectar
A pinch of salt
Juice of 2 limes

Instructions

1. Place peaches, 2 cups of water, sugar and salt into blender or food processor. Blend until smooth.
2. Pour into a two quart pitcher, and add lime juice. Fill to the top with cold drinking water, and mix thoroughly.
3. Serve well-chilled.