

# The Edible Garden Recipe featured at Cooking for the Season demonstration, July 29

## Grilled Apricots with Goat Cheese and Balsamic Vinegar

By: Kimberly Rubin, Public Education Intern, The New York Botanical Garden Adapted from Louisa Shafia's *Lucid Food* 

### Ingredients

#### 6 Apricots

1 small package of plain goat cheese <sup>1</sup>/<sub>4</sub> cup of balsamic vinegar 3 tablespoons olive oil Salt and pepper

### Instructions

- 1. Gently wash apricots. Pat dry. Halve apricots following the natural crease that runs from their stem. Remove pits.
- 2. Toss apricots with olive oil. Then place on hot grill for 1 to 2 minutes, or until warm and light grill marks appear. Turn over and repeat.
- **3.** While apricots are grilling, heat medium saucepan. Once warm, add <sup>1</sup>/<sub>4</sub> cup of balsamic vinegar. Allow vinegar to boil and reduce into a thick glaze.
- 4. When both the apricots and vinegar are ready, stuff the indentation of the apricot with goat cheese and drizzle with the balsamic reduction. Add salt and pepper to taste.