

NYBG

EDIBLE ACADEMY
FRESH FROM THE GARDEN TASTINGS



GREEN GODDESS DRESSING

A Family Garden favorite inspired by Chef Deborah Madison
Serves 3–4

Ingredients

½ cup 365 Everyday Value® Organic Mayonnaise
½ cup 365 Everyday Value® Organic Sour Cream or Whole Foods Market Organic Greek Yogurt
1 tablespoon tarragon vinegar (substitute 365 Everyday Value® Organic White Distilled Vinegar if unavailable)
½ cup chopped fresh parsley
3 tablespoons chopped fresh chives
1 ½ tablespoons chopped fresh tarragon
1 garlic clove, coarsely chopped
¼ teaspoon 365 Everyday Value® Sea Salt–Fine Crystals

Instructions

Combine all the ingredients along with 2 tablespoons water in a blender or food processor and blend until smooth and pale green. Taste and add more salt if needed. For a dairy-free alternative, puree one 10-ounce box of soft silken tofu with ½ cup good olive oil and the remaining ingredients until smooth.

365 Everyday Value® products are found exclusively at Whole Foods Market.