SABZI (HERB SALAD)
A Family Garden favorite inspired by Chef Deborah Madison
Serves 3–4

Ingredients
3 cups small spinach leaves
1 cup arugula
¼ cup flat-leaf parsley leaves
¼ cup cilantro leaves
¼ cup dill sprigs
6 mint leaves, torn into small pieces
Several celery or lovage leaves, torn
2 scallions including a few inches of the greens, thinly sliced
365 Everyday Value® Sea Salt – Fine Crystals
1 tablespoon 365 Everyday Value® Organic Extra Virgin Olive Oil, or as needed
Fresh lemon juice

Instructions
Carefully sort through the greens, then wash and dry them well. Tear or cut the spinach and arugula into bite-sized pieces and toss with the herbs, scallions, and a few pinches of salt. Drizzle on enough oil to lightly coat the leaves, then squeeze on a little lemon juice and toss again before serving.

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