

# NYBG

EDIBLE ACADEMY  
FRESH FROM THE GARDEN TASTINGS



## **SABZI (HERB SALAD)**

A Family Garden favorite inspired by Chef Deborah Madison  
Serves 3–4

### **Ingredients**

3 cups small spinach leaves  
1 cup arugula  
¼ cup flat-leaf parsley leaves  
¼ cup cilantro leaves  
¼ cup dill sprigs  
6 mint leaves, torn into small pieces  
Several celery or lovage leaves, torn  
2 scallions including a few inches of the greens, thinly sliced  
365 Everyday Value® Sea Salt – Fine Crystals  
1 tablespoon 365 Everyday Value® Organic Extra Virgin Olive Oil, or as needed  
Fresh lemon juice

### **Instructions**

Carefully sort through the greens, then wash and dry them well. Tear or cut the spinach and arugula into bite-sized pieces and toss with the herbs, scallions, and a few pinches of salt. Drizzle on enough oil to lightly coat the leaves, then squeeze on a little lemon juice and toss again before serving.

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