

# NYBG

EDIBLE ACADEMY  
FRESH FROM THE GARDEN TASTINGS



## FIESTA RANCH DRESSING

A perennial favorite from the Family Garden's Dig, Plant, Grow program - Salad Days

*Serves enough to dress 2–3 large salads*

### **Ingredients**

1 teaspoon 365 Everyday Value® Chipotle Chili Flakes  
1 tablespoon 365 Everyday Value® Organic Parsley  
1 teaspoon 365 Everyday Value® Organic Cumin Seeds  
1 teaspoon dried cilantro leaves  
1 teaspoon 365 Everyday Value® Garlic Powder  
365 Everyday Value® Ground Black Pepper and  
365 Everyday Value® Kosher Sea Salt, to taste  
½ cup buttermilk  
¼ cup 365 Everyday Value® Organic Sour Cream or  
365 Everyday Value® Organic Mayonnaise  
1 tablespoon of 365 Everyday Value® Organic White Distilled  
Vinegar  
The juice of 1 lime

### **Instructions**

In a jar with a tight-fitting lid, add all ingredients and then shake to mix. Refrigerate any leftover dressing. Mix gently with each reuse.

365 Everyday Value® products are found exclusively at Whole Foods Market.

Sponsors

**MetLife  
Foundation**



In affiliation with

**LET'S  
MOVE!** Museums & Gardens