

NYBG

EDIBLE ACADEMY
FRESH FROM THE GARDEN TASTINGS



DAVE'S REFRIGERATOR PICKLES

A perennial favorite of the Family Garden
Serves as many as desired

Ingredients

4 cups water
1 ⅓ cup 365 Everyday Value® Organic White Distilled Vinegar
2 sprigs fresh dill
365 Everyday Value® Black Peppercorns, ground (to taste)
1 tablespoon 365 Everyday Value® Sea Salt – Fine Crystals
365 Everyday Value® Mustard Seed, to taste
6–8 medium to large cucumbers
2–3 cloves garlic

Instructions

Slice cucumbers in large bowl. Cover with vinegar, water, and salt. Let sit for 30 minutes. Drain brine from cucumbers, making sure to save the brine. At bottom of a jar, place garlic cloves, peppercorns, mustard seed, and one sprig fresh dill. Fill jar to rim with sliced cucumbers. Add one sprig dill on top. Fill jar to rim with brine solution and seal with lid. Refrigerate for minimum of three days before use. Eat within ten days.

365 Everyday Value® products are found exclusively at Whole Foods Market.