

For Immediate Release June 2, 2008

# Farmers Market Returns for Seventh Year to The New York Botanical Garden

# **Every Wednesday Through October, Starting June 25 Free Demonstrations on the First and Last Wednesday of Each Month**

The New York Botanical Garden's popular Farmers Market returns on June 25 for its seventh year, offering an array of seasonal produce, home-baked goods, and natural products from New York State farmers and merchants throughout the summer and into the fall. The Farmers Market takes place at the Botanical Garden's Tulip Tree Allée every Wednesday from 10 a.m. to 3 p.m. through October 29, 2008.

Featured vendors from New York's Hudson Valley region and beyond include: **Gajeski Produce** from Riverhead, **Mead Orchards** and **Migliorelli Farm** from Tivoli, **The Little Bake Shop** from Valley Cottage, and **Bread Alone** from Boiceville.

The Farmers Market attracts lovers of some of the freshest, tastiest, and healthiest products New York has to offer. Overflowing stands greet shoppers with a cornucopia of orchard-grown goods such as: peaches, pears, and apples; ripe raspberries and cherries; a wide selection of seasonal vegetables, including heirloom tomatoes, corn, squash, and eggplant; fragrant herbs and assorted greens; and sweet cider, honey, and homemade old-fashioned donuts, pies, and breads.

## **Cooking and Gardening Demonstrations**

On the first and last Wednesday of every month, enjoy a series of educational and fun programs from 12 to 2 p.m. These will include cooking demonstrations using seasonal produce and question-and-answer sessions on gardening techniques.

### June 25: "Herbal Tea and Snack Sampling"

Sample a savory snack and cool off with refreshing herbal tea made from freshly harvested plants from the Ruth Rea Howell Family Garden. Create a cookbook and continue the fun in *Global Family Gardening: Gardens 'Round the World* in the Family Garden from July 29 through August 31.

### July 2: "Pruning Tools"

Find out about the different types of tools used for pruning and how to care for them with the Botanical Garden's Bronx Green-Up team.

#### July 30 & August 6: "Compost Information Table"

Master Composters will provide visitors with the practical tips, advice, and encouragement needed to take composting to the next level, whether they are just starting out or have been digging in their gardens for years.

## August 27: "Tomato Tasting"

Sample a variety of fresh, juicy tomatoes straight from the farm. Decide which are your favorites and purchase more from the day's fresh selection.

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## September 3: "Sustaining Farms, Sustaining Nature, Sustaining You"

Energy conservation comes in many forms. Recycling and eating local foods from the farmers at this market are easy ways to "go green." Find out what the Botanical Garden is doing to be more sustainable.

## September 24: "Organic Gardening"

Discover the benefits and techniques of growing vegetables using compost with the Bronx Green-Up team.

#### October 1: "Farm Fresh and Full of Flavor"

Taste the true difference in freshly picked fruits and vegetables. Sample and compare varieties of farm produce and learn new recipes to try at home with your Farmers Market harvest.

#### October 29: "Cider Demonstration"

Join Barbara and Bill Friedrich as they demonstrate how to press apples for cider and taste the delicious result.

### Plenty to See at The New York Botanical Garden

Grounds admission to The New York Botanical Garden is free on Wednesdays, so visitors to the Farmers Market can also explore the Garden's many other offerings. Witness the ever-changing pageantry of flowers, leaves, and berries in the beautiful Jane Watson Irwin Perennial Garden, the intimate Nancy Bryan Luce Herb Garden, and the inspiring Home Gardening Center.

In addition, with purchase of the All-Garden Pass, guests can see *Moore in America: Monumental Sculpture at The New York Botanical Garden*, the largest outdoor exhibition of Henry Moore's sculpture ever presented in a single venue in America, with 20 magnificent pieces positioned throughout the Botanical Garden's 250 acres and among 50 gardens and plant collections.

The Library building's Britton Science Rotunda and Gallery features *Plants and Fungi: Ten Current Research Stories*, an ongoing exhibition of research by Botanical Garden scientists in the field, laboratory, library, and herbarium, probing the mysteries of the evolution, ecological roles, and economic uses of plants. Through July 20, in the Mertz Library's exhibition gallery in the same building, there is also an exhibition of Charles Darwin's books, correspondence, and historical documents illustrating his life-long work with plants.

The Arthur and Janet Ross Gallery features A Passionate Grower: Melons and Squashes From the Gardens of Amy Goldman – An Exhibition of Photographs by Victor Schrager until July 1 and The Heirloom Tomato: Portraits of Historic Tomato Varieties From the Gardens of Amy Goldman – An Exhibition of Photographs by Victor Schrager beginning August 12.

## **About Community Markets**

The Farmers Market is sponsored by The New York Botanical Garden in conjunction with Community Markets. Community Markets has made its trademark mission "The Farm Comes to You" a reality for communities in the New York metropolitan area by providing the public with a source for fresh, nutritious fruits and vegetables and specialty farm products. The food comes from local farmers whose proximity enables them to deliver fresh and flavorful produce of unusual varieties.

The Farmers Market is located every Wednesday through October on Tulip Tree Allée at The New York Botanical Garden's Mosholu Gate on Kazimiroff Boulevard. Grounds admission to the Botanical Garden is free all day on Wednesdays. The parking fee for one hour will be reimbursed to Farmers Market shoppers.

The New York Botanical Garden is a museum of plants located at Bronx River Parkway (Exit 7W) and Fordham Road. It is easy to reach by Metro-North Railroad or subway. The Botanical Garden is open Tuesday through Sunday and Monday federal holidays from 10 a.m. to 6 p.m. April through October. For more information, please call 718.817.8700 or visit our Web site at <a href="https://www.nybg.org">www.nybg.org</a>

The New York Botanical Garden is located on property owned in full by the City of New York, and its operation is made possible in part by public funds provided through the New York City Department of Cultural Affairs. A portion of the Garden's general operating funds is provided by The New York City Council and The New York State Office of Parks, Recreation and Historic Preservation. The Bronx Borough President and Bronx elected representatives in the City Council and State Legislature provide leadership funding.

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