

THE NEW YORK BOTANICAL GARDEN

Studying, exhibiting, and conserving plants for 120 years

July 7, 2011

From the Garden to Your Kitchen Table—*Edible Garden Cooking* Series Continues through the Summer

The New York Botanical Garden presents *Edible Garden Cooking*, a season-long series of garden-to-table cooking demonstrations. There are programs for families in the Ruth Rea Howell Family Garden, weekly Cooking for your Health demonstrations near the Visitor Center Reflecting Pool, and Food and Culture of the Alhambra presentations in the Perennial Garden, promising a great summer experience.

Family Garden Kitchen—Cooking with Kids

July 2–August 26

1:30–5:30 p.m.

Themed activities each month will focus on different aspects of the Ruth Rea Howell Family garden, including [“Mario Batali” in September](#), programming, which promotes the connections between gardening, cooking, and a healthy lifestyle.

Sweet and Stinky (Saturday, July 2–Friday, August 5)

Aromatic alliums like onions and garlic and cooking herbs like basil and oregano love the summer heat. Follow the “sweet and stinky” smells to the Family Garden to discover these culinary champions. Savor the scents and tickle your taste buds at our cooking demonstrations. Green your thumb by potting up an herb to take care of at home.

Pickle Me! (Saturday, August 6–Friday, August 26)

Join us on a walk throughout the Family Garden as we learn about the plants we pickle. Enjoy our harvest of fresh cucumbers by making your own fresh pickles to take home.

Global Gardens Summer Harvest Celebration (Saturday, August 20 & Sunday, August 21)

Celebrate the summer harvest season of our five Global Gardens—Korea, Ireland, Italy, China, and the Caribbean. Earn stamps in your passport exploring each of the Global Gardens, meet the Global Gardeners, and sample a pickle recipe from each of the Global Gardens, prepared with plants growing their garden plots.

Mario Batali’s Edible Garden (August 27–September 25)

Explore the three Mario Batali gardening plots featured in the Ruth Rea Howell Family Garden this year, showcasing Chef Mario’s favorite vegetables and fruits. Strawberries and raspberries delight in the “Batali’s Berry Patch;” savory veggies surround a table for two in the “Babbo Beets, Beans, Garlic, and Greens Garden;” and the ingredients in the

“Otto Pizza Garden” are scrumptious. Read and learn while exploring with your own recipe booklet in hand. Regular cooking demonstrations highlight easy, classic recipes created by Mario for you to try at dinnertime!

September 24–25 will be a weekend celebration of growing and preparing good food, culminating in an appearance and demonstration by Chef Mario Batali. Sampling and other activities offered by sponsors Anolon® and Whole Foods Market will feature seasonal treats prepared fresh for visitors.

Cooking for Your Health
Every Wednesday through October
12:30 p.m.

Enjoy *Edible Garden Cooking* demonstrations featuring fresh, seasonal ingredients from the weekly Greenmarket. http://www.nybg.org/sustainability/green_market.php. Visitors will be introduced to diverse produce, new flavor combinations, and the benefits of eating well. Healthful recipes will be distributed.

The Food and Culture of the Alhambra
Sundays, July 10 and August 21
4 p.m.

As part of *Spanish Paradise: Gardens of the Alhambra*, <http://www.nybg.org/alhambra/> visitors will be invited to stroll through the beautiful Perennial Garden and join chef Ricky King of Hundred Acres on July 10 and Alexandra Rajj of Txikito on August 21 to learn about the food of the al-Andalus region of Spain and its cultural importance. The cooking demonstrations also offer tastings of recipes that may feature the flavors of almond, citrus, olives, eggplant, and more.

Presenting Sponsor

Anolon Gourmet Kitchenware

Supporting Sponsors

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*Family and Community Gardening Programs at the Garden are presented by
The Scotts Miracle-Gro Company.*

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The New York Botanical Garden is a museum of plants located at Bronx River Parkway (Exit 7W) and Fordham Road. It is easy to reach by Metro-North Railroad or subway. The Botanical Garden is open year-round, Tuesday through Sunday and Monday federal holidays. The best way to enjoy the Garden is with the *All-Garden Pass*, which includes admission to the grounds as well as to seasonal gardens, exhibitions, and attractions such as the Enid A. Haupt Conservatory, Everett Children’s Adventure Garden, Rock Garden, and Tram Tour: \$20 for adults, \$18 for seniors and students with ID, \$8 for children ages 2–12, children under 2 are free. A *Grounds-Only Pass* is available: \$6 for adults, \$5 for adult Bronx residents, \$3 for seniors, \$2 for students with ID, \$1 for children ages 2–12, children under 2 are free. Grounds-only admission is free all day on Wednesdays and from 10 a.m. to noon on Saturdays. For more information, please call 718.817.8700 or visit nybg.org

The New York Botanical Garden, 2900 Southern Boulevard, Bronx, NY 10458

The New York Botanical Garden is located on property owned in full by the City of New York, and its operation is made possible in part by public funds provided through the New York City Department of Cultural Affairs. A portion of the Garden's general operating funds is provided by The New York City Council and The New York State Office of Parks, Recreation and Historic Preservation. The Bronx Borough President and Bronx elected representatives in the City Council and State Legislature provide leadership funding.

Reporters who wish to cover any of the programs please contact: Deborah Wetzel,
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Images available