# NYBG

# HONEY & HARVEST WEEKEND



#### HONEY MUSTARD VINAIGRETTE

Prepared by Wellness in the Schools

#### Ingredients

1 cup orange juice

1/4 cup cider vinegar

1/4 cup dijon mustard

2 tablespoons minced onion (or 1-2 cloves garlic, minced)

1 teaspoon salt

½ teaspoon black pepper

1½ cups olive oil

## **LEMON HONEY VINAIGRETTE**

Prepared by Wellness in the Schools

## Ingredients

3/4 cup fresh lemon juice, or the yield of six large lemons, juiced

3 tablespoons honey

2 tablespoons minced onion (or 1-2 cloves garlic, minced)

1 teaspoon salt

1/2 teaspoon black pepper

2 cups olive oil

## Instructions

In a blender or food processor, combine all ingredients. With the machine running, slowly add olive oil in a steady stream until dressing is thickened and emulsified. Taste and adjust seasoning as necessary.

Dressing can also be assembled in a bowl with an immersion blender, or whisked together.

Hold dressing under 40° F until ready to serve.

Presented by



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