

NYBG

EDIBLE ACADEMY
FRESH FROM THE GARDEN TASTINGS



WHITE BEAN DIP WITH FRESH HERBS

From the Family Garden's Dig, Plant, Grow program:

Sweet and Stinky 2010

Yield: 2 servings

Ingredients

- 1 can (14 ounces) cannellini beans*, rinsed and drained
- 1 clove garlic
- 1 ½ Tablespoons extra virgin Italian olive oil*
- 4 sprigs fresh mint leaves
- 6 sprigs fresh thyme leaves, stripped from stem
- Kosher sea salt*
- Black peppercorns*, ground
- 3 Tablespoons chives, chopped

*365 Everyday Value® products are found exclusively at Whole Foods Market®.

Instructions

Pulse all ingredients except chives in food processor until a smooth paste forms and transfer to a bowl. Serve on toasted bread or as a dip, and garnish with chopped chives.

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