NYBG

EDIBLE ACADEMY JUNETEENTH WEEKEND



Instructions

Pour the drained black-eyed peas into a medium-sized bowl and add the bell peppers, garlic, and onion. In another bowl, combine the vinegars, olive oil, and thyme to form the marinade. Pour the marinade over the black-eyed pea mixture, cover with plastic wrap, and refrigerate overnight so that the flavors blend, stirring occasionally.

PICKLED BLACK EYED PEAS

Prepared for the Edible Academy Juneteenth Celebration by the Edible Academy team, after a recipe by Dr. Jessica B. Harris Serves 4

Ingredients

- 2 cans (1 pound each) black-eyed peas, drained
- 1/4 cup minced dark purple bell pepper
- ¹/₄ cup minced red bell pepper
- ¼ cup minced green bell pepper
- 1 Tablespoon finely minced garlic
- 1 small onion, minced
- 2 Tablespoons red wine vinegar
- 1 Tablespoon balsamic vinegar
- ³/₄ cup olive oil
- 2 branches fresh thyme, crumbled