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Intriguing Array of Continuing Education Classes Complement *Wonderland: Curious Nature* at NYBG

Garden-wide Exhibition Inspired by the Beloved Classics *Alice's Adventures in Wonderland* and *Through the Looking-Glass, And What Alice Found There* on View through October 27, 2024

Registration Now Open for NYBG *Wonderland*-themed Courses and Workshops—from Floral and Topiary Design to Medicinal Mushrooms to Herbal Iced Teas and Cocktails—Beginning in Mid-May through October, Online and at the Garden



Peggy Rockefeller Rose Garden at The New York Botanical Garden
(NYBG Photo by Marlon Co)

Bronx, NY—An intriguing array of classes complementing *Wonderland: Curious Nature* at The New York Botanical Garden (NYBG) is available through its Continuing Education program. Inspired by the beloved classics *Alice's Adventures in Wonderland* and *Through the Looking-Glass, And What Alice Found There*, the Garden-wide exhibition is on view through October 27, 2024, offering a one-of-a-kind botanical experience. Students can delve deeper into the exhibition's horticultural themes through classes on topics including floral and topiary

design, medicinal mushrooms, the history of many varieties of roses and tips on how to select and care for them, and much more. Venture further down the rabbit hole to experience the multi-seasonal exhibition through workshops, talks, and even an Herbal Saturday Wonderland Tea Party, with instruction on how to blend herbal teas and cocktail mixes.

NYBG Continuing Education offerings related to *Wonderland: Curious Nature* take place online or onsite at the Botanical Garden, range from a few hours to a few days, and begin on different dates during the exhibition's six-month run. A full overview is available at: <https://www.enrole.com/nybg/jsp/index.jsp?categoryId=3EAAB2A8>

Wonderland: Curious Nature-related classes include:

- **Medicinal Mushrooms: Fungi for a Healthy Body, Mind, and Planet**
Wednesday, May 22, 2024; 6:30–8 p.m.
Online; Member \$50/Non-Member \$55
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=243WEL181O&courseId=204WEL181&categoryId=ROOT>
Emerging research suggests that mushrooms may be beneficial for brain and nerve health. Discover the properties of different species and learn where medicinal mushrooms occur locally. Study how select types such as Maitake, Reishi, and Lion's Mane can help strengthen the immune system and increase resistance to stress. The class will also explore how fungi have been used to clean toxins from the environment by filtering water and removing heavy metals from soil.
- **The Kitchen Mycologist**
Wednesday, June 5, 2024; 6–8 p.m.
Online; Member \$65/Non-Member \$70
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=244CKG230O&courseId=204CKG230&categoryId=3EAAB2A8>
This illustrated talk teaches basic mycology—the study of fungi—through the lens of any kitchen and can guide you to becoming a better mushroom cook. It explores the intersection of mycology and the selection, storage, preparation, and nutritional value of mushrooms, the way fungi spoils foods and improves foods, the biologic reason why mushrooms taste differently, and why some are more expensive than others. It also informs on the impact of endophytic fungi and mycorrhizal networks on food crops.
- **Spiral Topiary Workshop with Mike Gibson**
Friday, June 8, 2024; 10 a.m.–1 p.m.
At NYBG; Member \$420/Non-Member \$450
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=244HRT230&courseId=244HRT230&categoryId=3EAAB2A8>
Renowned topiary expert Mike Gibson provides counsel on how whimsical, yet well-manicured, spiral topiaries are created. During this workshop, Gibson provides personalized attention and valuable tips and shares the therapeutic benefits of topiary as students unwind and create their very own tabletop masterpiece. All plant material and tools are provided. No experience is necessary.

- Knowing and Growing Roses: An Overview**
Saturdays, June 8 and June 15, 2024; 11 a.m.–1 p.m.
At NYBG; Member \$85/Non-Member \$95
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=244GAR361&courseId=214GAR361&categoryId=10105>
 Expert rosarian Shauna Moore takes you through the history of a wide variety of rose types and classifications while explaining how to select the best ones for your garden. During a walk through NYBG's Peggy Rockefeller Rose Garden, Moore also shares practical tips on how to successfully grow and care for the perfect roses.
- Wonderland: Curious Nature* Symposium**
Saturday, June 8, 2024; 10 a.m.–12:30 p.m.
In NYBG's Arthur and Janet Ross Lecture Hall; Member \$35/Non-Member \$39
<https://www.nybg.org/event/wonderland-curious-nature/wonderland-curious-nature-programs/wonderland-curious-nature-symposium/>
 In celebration of NYBG's Garden-wide exhibition *Wonderland: Curious Nature*, in two sessions, writer and historian Ambra Edwards and creator of the United Kingdom's Wildside Keith Wiley will explore the themes, concepts, and alluring wonder of the English garden.

Curiouser and Curiouser: The Ever-Changing English Garden with Ambra Edwards

10–11 a.m.

For as long as gardens have fed our bellies, they have also fed our imaginations. From the austere cloister gardens of medieval monasteries intended to encourage meditation and prayer to the most exciting and innovative gardens in England today, award winning writer and garden historian Ambra Edwards will take visitors on a historical tour of the English garden. Along the way, participants will encounter gardens of love and of protest, fantasy worlds created variously to express longings or to provoke violent emotions. Edwards will trace the links between garden-making and art, literature and memory, and celebrate the garden as an imaginative space for hopes and dreams, for exploration and transformation.

Wildside: Landscape of Memory and Dreams with Keith Wiley

11:30 a.m.–12:30 p.m.

Hailed by many as the most imaginative and adventurous garden in England today, Wildside was created by plantsmen and designer Keith Wiley. By manipulating scale, Wiley makes a three-acre site feel much larger than it is, evoking deep mysterious valleys, distant mountain tops, and creating a journey of water from a sacred spring to the oxbow lakes of the plain. His aim is to capture the essence of remembered landscapes, ranging across the globe from the Temblor hills of California to the rockscapes of Utah and from the flower meadows of South Africa to the mossy walls and tumbledown barns of his English childhood. Wiley will share the garden's evolution over the last 24 years from a flat, featureless field to a rich and complex landscape that not only offers ecological niches and a vast array of plants, but also creates a satisfying dreamscape of rare emotional power.

- Through the Looking Glass: Botanical Mirror**
Saturday, June 16, 2024; 10 a.m.–1 p.m.
At NYBG; Member \$160/Non-Member \$175
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=244CRF247&courseId=244CRF247&categoryId=3EAAB2A8>
 Be inspired by the mind-bending horticultural displays and unusual installations of NYBG's *Wonderland: Curious Nature* exhibition to give a mirror an enchanted look by adding moss and other botanical materials around the frame. Using branches, faux mushrooms, butterflies, botanical blends, and string lights, create a natural aesthetic appeal for any home.
- Gilded Age Centerpiece: Heirloom Roses and Ferns**
Monday, June 17, 2024; 11 a.m.–1 p.m.
Online; Member \$125/Non-Member \$135
(This course requires the additional purchase of materials.)
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=244FDN430O&courseId=244FDN430&categoryId=3EAAB2A8>
 Take creative inspiration from the 19th- and 20th-century Gilded Age. Step-by-step instruction is provided to learn easy techniques for crafting an opulent rose centerpiece from a bygone era. Students will source flowers per instructor guidelines and combine heirloom roses and ferns in a low silver container for a modern take on a classic style.
- Intro to iPhone Photography**
Saturdays, June 22 and June 29, 2024; 10 a.m.–12 p.m.
At NYBG; Member \$100/Non-Member \$110
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=244GWP219&courseId=232GWP219&categoryId=3EAAB2A8>
 In this two-part class, students will practice using their iPhone's built-in features to create high-quality memories of NYBG and more. During the first session, learn how to zoom, achieve proper exposure, shoot panoramic and portrait modes, edit for color and contrast, crop, and trigger snapshots via Bluetooth. In the second session, students will put their learning into practice as they tour and photograph the *Wonderland: Curious Nature* exhibition.
- Dyeing Flowers for Arrangements**
Tuesday, June 25, 2024; 10 a.m.–1 p.m.
At NYBG; Member \$225/Non-Member \$340
There is a \$125 materials fee for this course.
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=244FDN466&courseId=244FDN466&categoryId=3EAAB2A8>
 Although flowers are available in endless color variations, the creative practice of dyeing flowers has become popular among floral designers. Whether trying to achieve the elusive blue rose or an unusual color to draw the eye, dyeing flowers can be a way to stir the imagination. Learn new coloring techniques and explore how to combine designer colors to create a unique and innovative arrangement.

- Lavender Craft Workshop**
Saturday, July 13, 2024; 10 a.m.–2 p.m.
At NYBG; Member \$150/Non-Member \$165
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251CRF261&courseId=244CRF261&categoryId=4FC5FAA0>
 Explore the creative ways to use lavender in everyday life. In this class, students will receive a brief history of why lavender has been the most used herb for over 2,000 years. Through the use of fresh, dried, and preserved lavender, participants will create a variety of items, such as a miniature topiary, assorted sachets, a candlestick holder, and a small arrangement.
- Materials as Muse: Making Art with Flowers**
Saturday, July 20, 2024; 10 a.m.–1 p.m.
At NYBG; Member \$325/Non-Member \$340
(There is a \$170 materials fee for this course.)
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251FDN323&courseId=204FDN323&categoryId=3EAAB2A8>
 Explore the line between art and decoration to think beyond the confines of "pretty" and consider flowers in terms of line, gesture, texture, and form. This class will examine the colors and patterns of masterworks from NYBG's *Wonderland: Curious Nature* exhibition to help students unleash their creativity to design a sculptural interpretation in dialogue with and inspired by a chosen artwork.
- Herbal Saturday: Wonderland Tea Party**
Saturday, August 10, 2024; 10 a.m.–4 p.m.
At NYBG; Member \$170/Non-Member \$190
<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251WEL130A&courseId=244WEL130A&categoryId=3EAAB2A8>
 Embark on a hands-on journey of tea and tinctures, delving into herbalism with a refreshing twist. Join expert herbalists Arvolyn Hill, Corrina Wainwright, and Suhaly Bautista-Carolina to learn how plants can be used for medicine, self-care, and relaxation. In this three-part workshop, inspired by a fantastical tea party in *Wonderland*, you'll infuse tinctures, cocktails, and iced tea blends that will keep everyone hydrated this summer season. Sign up for the full day or individual sessions.

Herbal Tinctures with Arvolyn Hill

10:30–11:30 p.m.

Taking a few drops of a tincture can be a catalyst for a lifelong pursuit of herbalism. In this workshop, uncover the formulations, benefits, and methods for making contracted herbal extracts used for health and well-being. Students will receive guidance to create one potent tincture to take home.

Herbal Cocktail Mixes with Corrina Wainwright

12:30–2 p.m.

Discover the boundless possibilities of working with seasonal ingredients such as garden mint and other botanicals to craft herbal cocktails for any occasion. Learn the fundamentals of building a botanical bar; including crafting bitters,

syrups, shrubs, sugars, and salts, and how to refine flavor layering to provide a mindful approach to cocktail creation.

Herbal Iced Teas with Suhaly Bautista-Carolina of Moon Mother Apothecary

2:30–4 p.m.

Learn to blend and brew a variety of herbs and create flavorful and refreshing iced teas. From cooling mint to zesty citrus and soothing chamomile, students in this workshop will discover the diverse flavors and properties of various nutritious and delicious herbs and flowers to create a unique blend to take home and enjoy the refreshing delights of herbal iced tea all summer long.

- **Summer Mushrooms**

Thursdays, August 15 and August 22, 2024; 10 a.m.–1 p.m.

At NYBG; Member \$155/Non-Member \$170

<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251BOT356&courseId=214BOT356&categoryId=3EAAB2A8>

Chanterelles, Milk Caps, Black Trumpets, Boletes of all kinds, and many other choice mushrooms that may be eaten make their appearance in the steamy summer months. Learn how to sort through this abundance with hands-on techniques and observations.

- **Mushroom Papermaking**

Saturday, August 17, 2024; 10 a.m.–1:30 p.m.

At NYBG; Member \$100/Non-Member \$110

<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251CRF130&courseId=174CRF130&categoryId=3EAAB2A8>

Use bracket fungi to create beautiful, earth-toned sheets of paper under the expert guidance of mycologist Dorothy Smullen. This hands-on class will walk students through the papermaking process, and introduce them to the many different mushrooms that can be used for a variety of hues.

- **Painting Peppers and Mushrooms with Wet on Wet Technique**

Friday and Saturday, September 13 and 14, 2024; 11 a.m.–1:45 p.m.

Online; Member \$130/Non-Member \$145

<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251BIL188O&courseId=244BIL188&categoryId=10093>

Learn how the wet on wet technique is used by botanical artists to achieve the groundwork for painting peppers and mushrooms. Additional techniques, such as dry brush for the finishing touches, will also be covered. This online course will offer live demonstrations, videos, and individual feedback in a supportive, encouraging environment.

- **Natural Tapestry Weaving**

Saturday, September 14, 2024; 2–5 p.m.

At NYBG; Member \$150/Non-Member \$165

<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251CRF248&courseId=244CRF248&categoryId=4FC5FAA0>

This course will teach students how to create hanging art for their homes, and provide instruction on weaving a natural tapestry using botanical materials. Learn

how to use an 11 x 16 weaving frame with jute to weave an assortment of dried and preserved flowers, grasses, foliage, and choice of yarn. All materials are provided.

- **Autumn Mushrooms**

Thursday, September 19 and 26, 2024; 10 a.m.–1 p.m.

At NYBG; Member \$155/Non-Member \$170

<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=251BOT368&courseId=192BOT368&categoryId=3EAAB2A8>

The best time to hunt for edible fungi in New York City is the autumn season. Paul Sadowski, 25-year veteran of the New York Mycological Society, will lead a mushroom hunt, and demonstrate how to identify many species and their look-alikes, where to find them, and how to cook or preserve them.

- **Style & Shoot: Whimsical Floral Wonderland**

Thursday and Friday, October 24 and 25, 2024; 10 a.m.–4 p.m.

At NYBG; Member \$570/Non-Member \$620

<https://www.enrole.com/nybg/jsp/session.jsp?sessionId=252FDN459&courseId=252FDN459&categoryId=ROOT>

Students will spend an inspiring two days honing their floral design, photography and social media marketing skills, exploring a world of floral wonders and accompanying curiosities inspired by NYBG's *Wonderland: Curious Nature* exhibition. Floral designer and instructor Barbara Mele will demonstrate how flowers represent the exhibition and can evoke its themes through different techniques. Photographer and educator Jamie Jamison will illuminate still-life vignettes and explain how to photograph floral work and a variety of props to the best effect. Students will learn helpful tips and tricks for creating successful social content to promote their floral talents. Delve

About The New York Botanical Garden

Founded in 1891, The New York Botanical Garden is the most comprehensive botanical garden in the world and an integral part of the cultural fabric of New York City, anchored in the Bronx. Visitors come to the Garden to connect with nature for joy, beauty, and respite, and for renowned plant-based exhibitions, music and dance, and poetry and lectures. Innovative children's education programs promote environmental sustainability and nutrition awareness, graduate programs educate the next generation of botanists, while engaging classes inspire adults to remain lifelong learners. The 250-acre verdant landscape—which includes a 50-acre, old-growth forest—and the landmark Enid A. Haupt Conservatory support living collections of more than one million plants. Unparalleled resources are also held in the LuEsther T. Mertz Library, the world's most important botanical and horticultural library with 11 million archival items spanning ten centuries, and William and Lynda Steere Herbarium, the largest in the Western Hemisphere with 7.8 million plant and fungal specimens. Committed to protecting the planet's biodiversity and natural resources, Garden scientists work on-site in cutting-edge molecular labs and in areas worldwide where biodiversity is most at risk.

For more information about *Wonderland: Curious Nature*, visit our website at <https://www.nybg.org/event/wonderland-curious-nature/>.

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The New York Botanical Garden is located at 2900 Southern Boulevard, Bronx, New York 10458. For more information, visit nybg.org

The New York Botanical Garden is located on property owned in full by the City of New York, and its operation is made possible in part by public funds provided through the New York City Department of Cultural Affairs. A portion of the Garden's general operating funds is by The New York City Council and The New York State Office of Parks, Recreation, and Historic Preservation. The Bronx Borough President and Bronx elected representatives in the City Council and State Legislature provide leadership funding.

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