

FRESH FROM THE GARDEN TASTINGS

Besto Pesto



Ingredients

3 cups fresh basil leaves, packed
½ cup extra virgin olive oil
3 medium sized garlic cloves, minced
Salt, to taste

Optional:

½ cup Parmesan cheese
⅓ cup pine nuts or sunflower seeds, roasted and salted

Makes approximately 1 cup pesto

Instructions

In a food processor, combine basil, olive oil, and minced garlic. Pulse until well-chopped, adding salt and more olive oil if necessary for desired smoothness. If desired, add nuts and cheese and continue to blend until smooth. Serve immediately or jar to save.